



MEDICAL MISSIONARY MOVEMENT SIERRA LEONE

# GOSPEL OUTREACH

## VOLUME 2 2019-2020



**MISSION STATEMENT:** “To proclaim the present truth (Rev. 14:6-11), by providing a training of certified Medical Missionaries through Health Clubs organized by the local Seventh-day Adventist Churches in Sierra Leone for the purpose of teaching and persuading the people of Sierra Leone to adopt Health and Lifestyle Reforms, that will impact their present well-being and prepare a happy, healthy, and loving Remnant awaiting Christ's Second Coming.”

We continue to be awed by God's Grace and Leading in this work that is His method of opening doors for people to hear the Gospel and to see the Gospel in action.

### FIRST AID & HYDROTHERAPY TRAINING

As there continues to be a need for practical training of MMM Club members in First Aid, Simple Remedies including Hydrotherapy, a 2-Sunday training was offered in March and April 2019. Attendees came from the Churches in Freetown, Bo, Waterloo, and Makeni. The cost of training with the Sierra Leone Red Cross Society was prohibitive (Le500,000 per participants), so Medical and Health care personnel who are members of our church volunteered to facilitate training using a training manual developed by an MMM member who has been Red Cross Trained. An Examination was prepared but not issued because of a lack of time for all attendees to fully participate in both sessions. First Aid kits were donated by supporters in the United Kingdom.



### MARANATHA SDA CHURCH COMMUNITY OUTREACH

In May 2019, S.D.A. Church Community Welfare Department and MMM invited MMMSL to support their community outreach Expo and Food and Clothing Distribution. MMMSL supported with personnel and screening equipment.



## SPONSORED WALK

In collaboration with the entire Seventh-day Adventist churches in Freetown, church members converged at the Mission Headquarter at 24 Savage Street to undertake a Sponsored Walk. This program was planned by MMMSL to raise funds for the hosting of the All Africa Medical Missionary Convention scheduled to take place in October 2019.

The Medical Missionary Movement Sierra Leone Chapter thought it fit that one of God's Eight Laws of Health which is exercise should be part of fund-raising activities. In June 2019 our Sponsored Walk started with the MMM Theme Song which is taken from Mathew 24:14 and prayer was offered by Elder V.V. Thomas. We were to start at 8:30 a.m. but because of heavy rains we had to leave the Mission Headquarters at 8:45am. We walked through the streets of the Western part of Freetown and arrived at our destination, the Lumley Atlantic Beach, 2 hours later. A total of 161 men, women, and children participated in the walk and games following the walk.



## NO TOBACCO DAY 2019

In cooperation with the Sierra Leone Ministry of Health Department of Non-Communicable Disease, MMMSL supported the Annual World Health Organisation "No Tobacco Day" held in May each Year. MMMSL conducted a Health Expo during the Commemoration Symposium. Lifestyle practices were screened, and literature was displayed and distributed.



## CLUB MINI RETREAT HAMILTON BEACH

The theme "Not by might, nor by power but by My Spirit, saith the LORD of hosts" Zech: 4:6 was our word of strength and encouragement that took us to the Hamilton Beach for the Mini Convention of the MMMSL. The day was awakened by the Holy Spirit as 25 participants travelled to the Retreat on the 27th June 2019. We thank our Almighty God for endowing us with His power, strength and understanding to go through our 4 days Mini Convention. The training focus was the book, *Ministry of Healing*, "the Nature of Man", and "The 8 Laws of Health". The serene beach environment was very conducive for prayer and reflection. Clubs represented were Greater Love, Maranatha, Lighthouse Beam, Three Angels Messages, Wellington/Calaba Town, Good News, Bo, Christ the King and East End Churches.



## **MMM LAUNCHING LIBERIA**

As commissioned by God to proclaim the everlasting gospel to all the world (Rev. 14:6-12; Matt. 10:7-8; 28:18-20), and prepare a happy, healthy, and loving Remnant awaiting Christ's Second Coming. MMMSL travelled to Liberia to train and launch the Liberia Chapter. The Report of the MMM Liberia Coordinator, Anthony Moore included the following report summary: "The introduction and promotion of Medical Missionary work in Liberia is taking root with motivation from successes of preceding programs... God's hand has been in it throughout. He keeps revealing Himself to each of us each day. He's coming and calling all His children into one-fold (John 10:16). We bless God for His daily leading and for making it possible for the MMMSL team to facilitate the training. We also bless God for using all Missionaries around the world in their little way to be an inspiration. We like to note here the full support of the South-West Liberia Conference through the Health Ministries Department. It is also important to note and recognize the meaningful support of the Adventist University of West Africa (AUWA) Administration during the entire training period. We also use this medium to recommend more training to be more equipped for the greater task ahead. God bless."



## **ALL AFRICA MMM CONVENTION MAGBURAKA**

Medical Missionary Movement Sierra Leone hosted the "All Africa Convention 2019". The Convention which was held from the 15-22 October 2019 at the Earnest Bai Koroma University, 130 miles from the city Freetown. There were delegates from Liberia, South Africa, Zambia and from Northern, Southern, Eastern and Western Sierra Leone. A total number of 54 delegate registered for training. The first night began with spiritual high as we met in the hostel courtyard. The highlight of each morning was the 4 a.m. prayer service and the morning exercise. Presentation on Laws of Health, Nutrition, Health Reform, Simple remedies, and the concept to Medical Missionary work were led by different presenters. Mental Health was also addressed by Bro Henry Sankoh. The All Africa President Emmanuel



Mukomango spoke on the Prophetic Timeline and conducted a cooking school. Inspiring Devotionals were led by Sister Adama Turay from Makeni and Jude Livinus. We would like to express our condolences to the three participants who lost close relatives during the time of the convention and also the family of Brother Titus who was a most enthusiastic delegate from South Africa who passed after returning back from the Convention. We are more aware that time is short, and we must take seriously our commission to follow Christ in the Medical Missionary work. Participants from the diaspora included Bro. and Sister Laungani from U.K. The SLM President Pastor Daniel Sandy and Exe Secretary Pastor Moiba and several Pastors and Elders supported us by their attendance. We were visited by the EBK University President and wife and Finance Manager. The hearty vegetarian meals served twice a day were appreciatively received by all.



### GOD'S HEALING WAY SEMINAR IN LIBERIA

Consultant Edna Thomas conducted a Health Seminar for MMM Liberia November 20-21, 2019 at the West Africa Union Mission Headquarters with 20 plus participants. The topics included MMM club management, Medical Missionary Concept and Principles, Health Reform, God's 8 Laws of Health, and Simple Remedies. The Presentation were based upon the book God's Healing Way by Mary Ann McNeilus, M.D. The participants included Science Students and Health Care professionals. The focus idea was that the God who created man is the author of science and we should cooperate the laws of physiology in treatment and support patient recovery with prayer where permitted. MMMLiberia expressed their appreciation to Elder V.V. Thomas, who was concurrently attending the WAUM End of Year meeting, for sponsoring the transportation of Mrs. Thomas. Elder and Mrs. Thomas were presented with MMM Liberia T-Shirts.



### REGENT EVANGELISTIC CAMPAIGN 2020



The Lay Members Association (LMA) of the Seventh-day Adventist Church in Sierra Leone targeted the Regent Mountain Community for a 10-day Evangelistic Campaign. LMA Sponsored an MMM Health Expo as a preliminary event to the Campaign. The Expo was well received as participants were screened for BP, Nutritional Practices, BMI, Lung capacity, pulse rate, and given chair massages as well as Biblical Counseling. The local Head Women enthusiastically supported the program and asked that MMMSL add an extra day. The focus of the Campaign Nightly Messages was health with Bible workers presenting God’s 8 Health Doctors each night before the Presentations by the speaker, Pastor S.A.M. Senesie. The Bible Workers also used the MMM Herbal Remedies Calendars in their daily canvassing. A vibrant new church was planted at the end of the Campaign following the Baptism of 45 souls.

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## CALENDAR PROJECT 2019-2020

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MMM Simple Remedies Calendar has been a Fundraising and Community Education Project. The Calendar was promoted and sold in Sierra Leone, U.K., U.S.A., South Africa, East Africa, Liberia, and The Gambia. The goal of the Calendar sale and distribution is to raise awareness of the health and wellness benefits of plant foods common to Sierra Leone encouraging readers to take advantage of simple and readily available plant-based foods.




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## “COMMUNITY FELLOWSHIP FEAST” FEEDING PROJECT

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The “Community Fellowship Feast” presentations and meal sharing were held at Greater Love and Lighthouse Beam in Freetown Western Area and at the Better Living Church in Southern part of Sierra Leone, Bo. God willing, the target is to feed 100 persons in 16 Church communities throughout the year 2020 and beyond. We continue to pray for our donors local and abroad.

**GREATER LOVE**



**LIGHTHOUSE  
BEAM S.D.A  
CHURCH**



With the outbreak of the COVID-19 epidemic on the horizon in the world, MMMSL, with the protection of God, travelled to Bo in the Southern province of Sierra Leone to promote the use of natural remedies to deal with disease. Healthy feeding of 100 people was provided. In line with Government directive the feeding was conducted in separate groups out-of-doors to facilitate social distancing.

**BO COMMUNITY  
OUTREACH**



**DONATED 8-PASSENGER BUS CLEARING AND LICENSING**

As the workload increases with travelling throughout the country it was timely when God inspired an anonymous donor to donate a Ford Transit in order to help with the work. With an anticipated clearing and vehicle registration budget of Le15,000,000, the Sierra Leone SDA churches and well wishes abroad collectively donated Le13,577,000. The vehicle was cleared for Le9,900,000. In appreciation to churches' donations MMM gave free Herbal Remedies Calendars for Church Community Distribution and a flyer presenting God's 8 Health Laws for Wellness and Healing. The completion of vehicle body repair, spraying, servicing was made possible by donations that continued to come in by the mercies of God and sacrifice of donors. The vehicle will be dedicated 16<sup>th</sup> August 2020 with invitations sent to all donors, churches and SLM administration.



**MMM EXTENSION**

**Southeast Region**

In the Southeast– Bo and Kenema, we met with our brothers and sisters discussing the way forward for organizing MMM sub chapters in Bo and its environs. Before leaving for Freetown, MMM clubs were organized in three organized churches in Bo and one Club in Kenema



### Sanitarium Site Survey-Nengbema

MMM, in a drive of expanding their activities, travelled to the Southern part of Sierra Leone to see if there are any possibility of having a plot of land where when blessed financially, we could build a sanitarium. The opportunity we had was a blessing as the proposed community for the sanitarium happens to be a Seventh-day Adventist Community. Negotiations are still on-going for 20 acres of land with the local people of Nengbema.



### Sanitarium Site Survey Magbenteh Community Hospital

In the urge to continue to help people with different ailments and to introduce them to God our maker, cross section of the Executive members from MMM and Lay Members Association travelled to Makeni, to visit a medical facility owned by donors channeled by Harold Pfeiffer. The cordial meeting took place on the 6<sup>th</sup> December 2019. A long history of facility was given by the CEO Harold Pfeiffer. He gave MMM and LMA delegation some conditions on the basis that the facility will be released as he is now planning to retire.

- Ability to Finance Management
- Ability to satisfy the interest of previous investors
- The viability of running the institution in accordance with Natural Remedies Principles

However, he gave us some tasks to complete before we meet again on his return in February 2020.

- Proposal for running the Hospital
- Proposal for meeting outstanding financial liabilities of Hospital

We have not heard from him since December 2019.



### Report of Visit Churches in Peninsula District

In expanding the work of God, the Executive members decided to visit the Peninsular District to introduce the MMM program. Three members of the MMM Executive started the visitation December 2019 with Jui as our first point of visit. The Elders warmly welcomed us and gave us time to promote the MMM program. A box of MMM Herbal Remedies calendars was left behind for sale. The second place of visitation was Rokel SDA Branch, we joined them for Sabbath school lesson and the Elder warmly welcomed us and a short Health talk was presented. We proceeded to New Jerusalem (Waterloo) Church and Grace (Kissy Town) Church where we were warmly received. A promotion of MMM was given and we were thrilled by a testimony from the Elder who said the last Health Expo at 55 Waterloo yielded some fruit as some of the souls that were baptized was partly because of the health message. We finally made our way to Blessed Hope (AHS) SDA Church where Sis Rosa Johnson gave the presentation and 20 calendars was also given out for sale.

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## FUNDRAISING

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- ❖ SALE OF TURMERIC
- ❖ SALE OF ACTIVATED CHARCOAL
- ❖ SALE OF INFORMATION BOOKS
- ❖ EXPO DONATIONS
- ❖ TRAINING SEMINARS
- ❖ PROJECT FUNDING FROM DONORS OF SELF- SUPPORTING MINISTRY
- ❖ MMM CLUB DUES
- ❖ PRODUCTION AND SALE OF 18 MONTHS HERBAL REMEDIES CALENDARS

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## 5 YEAR PLAN

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- ❖ All Africa Convention 2019
- ❖ Local Church Clubs trained in First Aid and Hydrotherapy
- ❖ Breathe Free Smoking Cessation Counseling Centre
- ❖ Farming of Natural herbs such as turmeric, ginger, galangal
- ❖ Marketing of Activated Charcoal
- ❖ The Cultivation of natural remedy trees such as eucalyptus, moringa, rose apple, neem,
- ❖ Rustic training and Retreat Centre and Sanitarium
- ❖ 4 Community Health Expos per year
- ❖ MMM Evangelistic Campaign
- ❖ Establishing MMM Health Education Library
- ❖ Relief supplies for food and health emergencies



**FINANCIAL SUMMARY 2019-2020**

	SUMMARY JUNE 2020	INCOME	EXPENDITURE	BALANCE
1	FIRST AIDE TRAINING	5,490,000.00	4,353,000.00	1,137,000.00
2	WHO NO TOBACCO DAY	1,005,000.00	1,005,000.00	-
3	TRAINING HAMILTON BEACH	7,733,000.00	7,660,000.00	73,000.00
4	ALL AFRICA CONVENTION	84,774,000.00	84,822,500.00	(48,500.00)
4A	CONVENTION OTHER	694,500.00	694,500.00	-
5	LMA REGENT EXPO	6,344,000.00	5,683,000.00	661,000.00
6	EXE RETREAT MARANATHA	712,000.00	712,000.00	-
7	COMMUNITY FEAST JAN-JULY	8,410,000.00	6,167,000.00	2,243,000.00
8	VEHICLE CLEARING AND SERVICING, REGISTRATION	21,517,000.00	21,517,000.00	-
9	ADMINISTRATION ACCT 2018-2020	54,444,965.30	50,219,849.61	4,225,115.69
	<b>TOTAL TO DATE</b>	<b>191,124,465.30</b>	<b>182,833,849.61</b>	<b>8,290,615.69</b>

**MMM EXECUTIVE**

**MMMSL EXECUTIVE**



**Officers**

- Mrs. Florella Cummings,  
Coordinator
- Mrs. Fatmata Conteh, Assistant  
Coordinator
- Ms. Rosa M. Johnson,  
Secretary
- Mrs. Arieola Moiba,  
Treasurer
- Mrs. Cecilia Abdul-Shereef,  
Social Welfare

**CONSULTANTS**



- Pastor S.A.M. Senesie, Bible and SOP Consultant
- Mrs. Edna P. Thomas, Health Education Consultant  
and National Tobacco Control Taskforce Member
- Dr. Don Kelly, M.D. Medical Consultant
- Dr. Aaron Juana Kabba, Specialist General Surgeon,  
Medical Consultant
- Reynold B.G. Senesi, Non-Communicable Diseases  
Consultant
- Mrs. Matilda Laungani, Mid-Wife

## TESTIMONIES

“I am very grateful to God for Medical Missionary Movement Sierra Leone Natural Remedies Calendar 2019-21.

I learnt the valuable health content of *sesame seeds (benni seeds)* from this Calendar (December 2019) and have been greatly blessed. I now make use sesame powder to eat 'Dry Rice' and boiled Root vegetables.

I do Bennie mix for porridge, (very popular with my 2 sons who want nothing else for breakfast, but Bennie mix). I do Bennie Cake/Candy also a popular snack. The best part is the health benefit to my family and customers.

All of which augments my small salary as I am a single parent with 2 sons to take care of. It is a huge financial help for me this period of lockdown. The products go like hot loaves.

Thank God. Thank you too. God bless MMMSL.”

Ms Flora Boima



“Good afternoon all. My name is Marian Alpha, I live in Bo. I sustained this wound during the war when I was shot by a rebel. I have experienced pain for a long time because of the bullet in my foot I suspected it was because of the poison. So later when I went to Freetown, my daughter Ramatu told me that MMM can help me with my wound. So, Mrs. Florella Cummings came home to my daughter where I lived and started treatment with me. Now I want to thank God for the activated charcoal and the turmeric which I used to treat my wound. It was two shots from where the bullet penetrated unto where it came out, so I have sustained two different wounds. The first wound is completed healed and the second remained just a little bit. I am continuing with the treatment at my home in Bo. I want to thank MMM through God for helping me gain my health. Now I do not feel any pain, and even the drainage of water from the second wound has stopped. I thank S.D.A. (Seventh-day Adventist Church) and all that contributed for the healing of my sore.”

Marian Alpha,  
A Muslim and mother of SDA Church Member