

## SUGGESTED CLUB STARTUP GUIDELINES

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1. Orientation of Coordinators and Secretaries of Local Church Congregation in the setup of Clubs
2. Membership List (total twelve per club/teams)
3. Choose Coordinator, Secretary and Chaplain for each Club/team
4. Acquire Church Board approval for the Establishment of local Medical Movement Health Club.
5. Set Club meetings dates-at least once a month for training, studying, planning, collecting dues, taking attendance.
6. Orientation to GOD'S 8 LAWS OF HEALTH-Establish each club member as a "expert" in on the 8 Laws of health.
7. Link the Laws of Health with Bible Scriptures and Prophetic Writings of Ellen G. White
8. Memorize Exodus 20 1-17 and explain relevance to Gospel
9. Memorize Revelation 12:11 and relate to the work of the Medical Missionary
10. Develop a Personal Lifestyle Improvement plan as Individual Club Members
11. Learn and Sing Health Song and I Choose Life Song
12. Read Ministry of Healing and complete chapter tests (see below)
13. Establish goals for local church membership orientation to health reform
14. Establish goals for community outreach in terms of health education and health services to the community
15. Plan strategies to have the SDA Church club members partner with Ministry of Health and World Health Organization in sensitization of public in the dangers of Tobacco Use that will commence with a National Stop Tobacco use Day May 31, 2018
16. Recommend a funding strategy for club operations and programs
  1. Dues
  2. Offerings from programs
  3. Donations
  4. Sponsors
  5. Industries
    1. Selling healthy food items
    2. Selling safe natural medicinal items
    3. Bread making
    4. Healthy catering
17. Advocate for clean and safe markets
18. Advocate for clean and safe water supply
19. Advocate for sanitary street food selling
20. Prepare Evangelistic program series centered around God's Health Laws and 12 Amazing Facts lasting 5-7 minutes with a health jingle or relevant hymn or song. (ppt. on website)
  1. GOD'S PLAN
  2. STARTNEW
  3. OUR AMAZING BODY
  4. HEALTH FOR YOU AND ME
  5. I CHOOSE FULL LIFE
21. WEBSITE RESOURCES: [WWW.MMM-SL.ORG](http://WWW.MMM-SL.ORG)